



WORRY FREE RETIREMENT

JUNE 2023



LET'S TALK ABOUT INFLATION

Inflation affects us all, especially those in retirement as they are forced to stretch their savings even further. The federal government also uses inflation as a benchmark when deciding to increase contribution limits to qualified retirement plans or raise monthly Social Security benefits.

While we ourselves can not change the rate of inflation here are some steps you can take to protect yourself from its impact:

- Make a budget
- Boost cash flow
- Check out what benefits you're eligible for
- Revisit your investment strategy

We are here to help you make the most of what you've worked hard to save. The best thing you can do is have a strategy in place so inflation has less of an impact on your financial future. You can contact our office at 337-983-1014 to ask any questions or to schedule a complimentary consultation. We look forward to helping you!

MECHE & ASSOCIATES
NEWSLETTER

TABLE OF CONTENTS

Events • P. 2

In the News • P. 3

Client Spotlight • P. 3

Just For Fun • P. 4





LOCAL EVENTS

- 6/2 Louisiana Red
Buck & Johnny's, Breaux Bridge
- 6/4 Delcambre Seafood & Farmers Market
Bayou Carlin Cove Boat Landing,
Delcambre
- 6/14 Yeah, Comedy! A Weekly Open-Mic
Lafayette Comedy, Lafayette
- 6/16 Horace Trahan
Hideaway on Lee, Lafayette
- 6/24 Lafayette Gun & Knife Show
The District Even Center, Lafayette

MECHE & ASSOCIATES EVENTS

**MARKET VOLATILITY, INFLATION, &
GOVERNMENT SPENDING SEMINAR**
Tuesday, June 6th | 6:00 PM
Marcello's
340 Kaliste Saloom Rd, Lafayette

**MARKET VOLATILITY, INFLATION, &
GOVERNMENT SPENDING SEMINAR**
Tuesday, June 20th | 6:00 PM
Cafe Josephine
818 Napoleon Ave, Sunset

**FIRST FRIDAY OPEN
HOUSE**
Friday, June 2nd
2pm - 4pm
Meche & Associates
345 Doucet Rd, Ste 200H
Lafayette, LA

**MARKET VOLATILITY, INFLATION, &
GOVERNMENT SPENDING SEMINAR**
Thursday, June 22nd | 6:00 PM
Cafe Josephine
818 Napoleon Ave, Sunset



IN THE NEWS

THE IMPORTANCE OF ESTATE PLANNING

Estate planning is the process of making arrangements for the management and distribution of your assets after you die. It can also include planning for your health care and financial affairs if you become incapacitated.

Estate planning is important for everyone, regardless of their age or wealth. A well-thought-out estate plan can help to ensure that your wishes are carried out, that your assets are distributed in the way you want, and that your loved ones are taken care of.

There are many different aspects to estate planning, and the specific documents and arrangements you need will vary depending on your individual circumstances. However, some common estate planning documents include:

- A will: a will is a legal document that expresses your wishes for the distribution of your assets after you die.
- A power of attorney: a power of attorney is a legal document that appoints someone to act on your behalf if you become incapacitated.
- A living will: a living will is a legal document that expresses your wishes for your health care if you become unable to make your own decisions.
- A health care proxy: a health care proxy is a legal document that appoints someone to make health care decisions on your behalf if you become unable to make your own decisions.

In addition to these documents, you may also want to consider creating a trust or other estate planning arrangement. A trust can be used to protect your assets from creditors, to avoid probate, or to provide for your loved ones in a specific way.

Estate planning can be complex, and it is important to consult with an attorney to create an estate plan that is right for you. However, the time and effort you put into estate planning can be well worth it, as it can help to ensure that your wishes are carried out and that your loved ones are taken care of.

Here are some of the benefits of estate planning:

- It ensures that your assets are distributed in the way you want.
- It can help to avoid probate, which can be a time-consuming and expensive process.
- It can provide for your loved ones in the event of your death or incapacity.
- It can help to protect your assets from creditors.
- It can help to minimize estate taxes.

If you have not yet created an estate plan, we encourage you to do so. It is one of the most important things you can do for yourself and your loved ones.

Meche and Associates partners with select local attorneys to help our clients with estate planning. Please feel free to contact us with your concerns.



'NEW' CLIENT SPOTLIGHT

Clint & Janet Sonnier
Abbeville, LA
Clients since 2023

JUST FOR FUN

What did the beach
say to the tide
when it came in?
Long time no sea!

Join David on the radio
every Saturday at 3pm



WJBO
NEWS RADIO
1150 AM · 98.7 FM

Or, tune in to the "Your
Retirement with David
Meche" Podcast



June Facts:

June has the longest daylight hours in the Northern Hemisphere & the shortest daylight hours in the Southern Hemisphere.

June was most likely named for the Roman goddess Juno, patroness of marriage & the well-being of women.

June has its own full moon known as the Strawberry Full Moon & can be seen around June 24th.



POSITIONING YOUR FUTURE!
The decisions you make now will impact your retirement.
We are here to guide you along the way.



Financial WORD of the Month Joint Life with Last Survivor

An annuity product that provides an income for life to both partners in a marriage. It can also allow payments to a designated beneficiary after the death of one of the spouses. It may be used as a way to leave a financial legacy to a beneficiary or charitable cause.

WWW.MECHEASSOCIATES.COM

INFO@MECHEASSOCIATES.COM
337-983-1014 OR 225-610-1020